Personal Affairs Guide A PERSONAL INVENTORY FOR PEACE OF MIND





Personal Affairs Guide

A PERSONAL INVENTORY FOR PEACE OF MIND

MOAA has created this workbook to assist you and your family in gathering crucial information — from investments to legal documents, insurance policies, and more. We hope you find this workbook valuable.



Contact MOAA about benefits and financial information.

- Email beninfo@moaa.org.
- Visit the MOAA website at www.moaa.org/finance and www.moaa.org/payissues
- Call the MOAA Member Service Center at (800) 234-MOAA (6622).
- Mail MOAA
 Transition Center
 Benefits and Financial Education
 201 N. Washington St.
 Alexandria, VA 22314

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The information contained in this publication is intended for personal use by individuals who serve or who have served in the U.S. military and is not meant to substitute for legal or professional services. The regulations covering the entitlements discussed herein are constantly amended — the information within is current as of 2021.

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Introduction

Life often takes unexpected turns. This inventory should become an appreciated and valuable resource for you and your loved ones if assistance regarding personal information becomes necessary. Completing this document not only will benefit your family but also you, as it should instill more peace of mind that you're prepared for life's changes.

This inventory offers you an opportunity to organize crucial information in one compact list, readily accessible at home. Use this workbook to get a handle on essential data, from basic contact information to investments, legal documents, schools, insurance policies, and much more. This publication also takes personal planning one step further by allowing you to organize data regarding your family.

Organizing — and periodically updating — pertinent data in an all-in-one, easy-to-access workbook ensures you'll have all sorts of important information at your fingertips. Once you've completed this workbook, keep its contents in a safe place. Consider using a fireproof safe and keeping copies in secure places outside your home. Write with a pencil in sections that are sure to need frequent updates.

MOAA Premium and Life Members can call our financial and benefits experts to discuss your concerns. Call (800) 234-6622 or email beninfo@moaa.org.



Chapter I

Personal Data Security

Digital electronics have come a long way in a short period of time. In an age when the majority of Americans are connected digitally and strive to accomplish more tasks with the tap of a finger, great advancements are being made to help us achieve our goals more effectively and efficiently. We now have the ability to complete banking transactions, manage investments, turn water and lights on and off in our houses, and manage our military pay and benefits from anywhere in the world via digital devices. Maintaining secure access to personal online data can be a burden, so it's helpful to keep your usernames, passwords, and accounts organized.

THE IMPORTANCE OF PASSWORD MANAGEMENT

Establishing and keeping track of strong, effective passwords is an essential, though sometimes daunting, piece of the puzzle. With great technological advancements comes the risk of cyber criminals targeting us when we leave ourselves vulnerable online. Banking continues to move toward entirely electronic services, and most organizations and associations promote online access to information and benefits. If you wish to keep your information private and secure online, you will need a strong password.

The passwords you use should not be easy to determine or include personal information such as birth dates, license numbers, Social Security numbers, names of pets, or similar information. It also is recommended you do not use full names or full words as part of your password, as these items can be easier to hack. Using combinations of capital letters, numbers, and symbols strengthens your secu-

rity. One option is to use mnemonic phrases that are easy to remember. For example, the phrase "I served two tours in Vietnam!" becomes Is2tiV! by using a single character for each word.

In the event of a loved one's death, it is important to tie up any loose ends by closing appropriate online accounts. This prevents personal information from being accessed in the future by anyone other than system administrators. Typically, accounts with organizations, associations, or social media sites can be discontinued by logging in; going to the "my account," "preferences," or "settings" pages; and locating the appropriate link to cancel. Online bank accounts and sites with more sensitive personal information are best dealt with by contacting the entity to which the deceased belonged. Use this workbook to make sure the most important accounts are handled appropriately.

WHERE TO STORE THIS BOOK

Your most valuable information is included here, so be sure to keep this workbook in a safe place. A fireproof box or safe would be most appropriate and ensures this information is protected from harmful accidents and people who should not see it. If you download the workbook and fill it out electronically, save a copy to your hard drive. Of course, it is important to let your close relatives and/or lawyer know of the workbook's location, as the purpose is to have such information readily accessible at times when you are unable to provide it. Treat this workbook like you treat your other important documents, such as your Social Security card, birth certificate, or passport. Protecting this information is critical to protecting yourself and your loved ones.



Chapter 2 Record-keeping

SELF	SPOUSE
Full name	Rank and service
Rank and service	Social Security number
Social Security number	Date of birth
Date of birth	Driver's license state, number, and expiration date
Driver's license state, number, and expiration date	Military ID expiration date
Military ID expiration date	Employer point of contact and phone number
Employer point of contact and phone number	
Full name	
Current address	
Date and state of marriage	
State of residence and home of record (if applicable)	
PREVIOUS MARRIAGES (IF ANY)	
To whom	Date and place
Date and place	How it ended and place
How it ended and place	
To whom	

ADULT CHILDREN AND OTHER RELATIVES

(Download more copies at www.moaa.org/publications.)

Full name	Full name
Relationship	Relationship
Phone number	Phone number
Social Security number	Social Security number
Place of birth	Place of birth
School/employer	School/employer
Contact number	Contact number
Current address (if applicable)	Current address (if applicable)
Full name	Full name
Relationship	Relationship
Phone number	Phone number
Social Security number	Social Security number
Place of birth	Place of birth
School/employer	School/employer
Contact number	Contact number
Current address (if applicable)	Current address (if applicable)

MEDICAL

Military treatment facility	Family dentist		
Phone number	Phone number		
Web address	Website		
Username/password	Username/Password		
Primary Care Provider	Eye doctor		
Phone number	Phone number		
Website	Website		
Username/Password	Username/Password		
TRICARE	Other doctor		
Phone number (if applicable)	Phone number		
Website	Website		
Username/password	Username/Password		
Other Primary Care Provider	VA hospital and phone number		
Phone number	Phone number		
Website	Website		
	 Username/Password		



PHARMACIES

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Military pharmacy	Local pharmacy
Phone number	Phone number
Web address	Web address
Username/password	Username/password
Mail-order pharmacy	Local pharmacy
Phone number	Phone number
Web address	Web address
Username/password	Username/password

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EDUCATION SELF SPOUSE Institution attended Institution attended Institution attende Institution attende Year(s) Year(s) Degree(s) conferred Degree(s) conferred **EMPLOYMENT SELF SPOUSE Employer Employer** Address Address Point of contact name and contact information Point of contact name and contact information Title Title Phone number Phone number Email address Email address Human resources department contact information (if ac-Human resources department contact information (if active duty, ombudsman or family readiness group contact tive duty, ombudsman or family readiness group contact information) information) MEMBERSHIP IN ASSOCIATIONS OR CLUBS Name of association or club Name of association or club Membership number Membership number Contact information Contact information

Member since

Member since

FAMILY RECORDS AND LOCATIONS

If you haven't already established a storage location for each of these important documents, now is a good time to do so, whether in a fireproof box or safe, a safe deposit box, or some other secure location.

SOCIAL SECURITY

Social Security benefits are described in-depth at www.ssa.gov. If you have questions about a specific situation, you can visit a local office. Find one by visiting www.ssa.gov, clicking "Contact Us" from the menu at the top of the page, selecting "Find an Office," and entering your ZIP code.

Local Social Security Administration office	Contact information
Location of Social Security cards	Current monthly benefit (spouse)
Current monthly benefit (self)	_
MILITARY SERVICE RECORDS	
cords Center holds records for those who've served Call (866) 272-6272 or (314) 801-0800 for general in the website at www.archives.gov/st-louis/military-parents.	DD Form 214, DD Form 215, individual performance evalua-
Military branch	Date entered service
Date of retirement	Location of DD Form 214/215 and other records
SERVICE PAY AND SBP	
ministers the Survivor Benefit Plan (SBP). Visit www. at https://mypay.dfas.mil/mypay.aspx. For members o	ting Service (DFAS) provides payment for military pay and addfas.mil or call (800) 321-1080. Access your military pay account of the USCG, USPHS, and NOAA, the U.S. Coast Guard Pay & strator. Call (866) 772-8724 or visit www.dcms.uscg.mil/Ouresources-CG-1/Pay-and-Personnel-Center-PPC.
Monthly retired pay	SBP survivor's annuity
Monthly VA pay	My Pay Statement login/email address
SBP base amount	Password
Note: DFAS passwords expire every 150 days. Answe	rs to security questions might be required to reset passwords.

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VA INFORMATION

(www.va.gov)

Birth certificates of each family member Local veterans' service organization Medical and immunization records Phone number Passport (record passport number, if desired) Location of VA records Adoption papers VA claim number Naturalization papers Disability award date Divorce decree, death certificate, or certified copies Contact name thereof for either spouse Address Marriage certificate Disability Car titles Beneficiary Deeds Current monthly benefit Mortgages VA GI bill benefit Loans Post-9/11 GI Bill benefit transferred Insurance VA eBenefits username/login Other property titles Password Credit cards Wills, powers of attorney, or advance directives Funeral desires 529 accounts



Investments (stocks, bonds, 401(k), and retirement plans)

ADDITIONAL DOCUMENTS OF IMPORTANCE

List where you keep the following, as applicable:

Chapter 3 Financial Information

INCOME TAX

Some of these listings will be joint accounts; some will be individual. Many banks, credit card issuers, etcetera will not share account information with non-account holders. Does the non-account holder in each of these listings have permission on file with the financial institution to make inquiries about or changes to the account? This could be helpful if the account owner is unable (or becomes unable) to make decisions about the account.

Location of copies of federal and state income tax return	ns and related documents	
SAFE DEPOSIT BOX		
Name and address of bank or trust company	Password	
Name of keyholder(s) and authorized users	Location of key	
ELECTRONIC TRANSACTIONS Recurring electronic transactions (credits or debits)), by account	
Net income credited	From account	
Mortgage	From account	
Vehicle(s)	From account	
Credit cards	From account	
Utilities	From account	
Insurance	From account	
To account	From account	

FINANCIAL AND RETIREMENT ACCOUNTS AND ANNUITIES

Include checking, savings, credit union, and college savings accounts (and accounts in children's names).

Financial institution	Financial institution	
Phone number	Phone number	
Owner	Owner	
Account number	Account number	
Username/password	Username/password	
Financial institution	Financial institution	
Phone number	Phone number	
Owner	Owner	
Account number	Account number	
Username/password	Username/password	
Financial institution	Financial institution	
Phone number	Phone number	
Owner	Owner	
Account number	Account number	
Username/password	Username/password	

CREDIT CARDS

Name of creditor	Name of creditor
Phone number	Phone number
Website	Website
Cardholder names	Cardholder names
Account number	Account number
Username/password	Username/password
Name of creditor	Name of creditor
Phone number	Phone number
Website	Website
Cardholder names	Cardholder names
Account number	Account number
Username/password	Username/password
Name of creditor	Name of creditor
Phone number	Phone number
Website	Website
Cardholder names	Cardholder names
Account number	Account number
Username/password	Username/password

ASSETS, LOANS, AND OTHER LIABILITIES (Download more copies at www.moaa.org/publications)

Description of Asse	et				
Owner If joint, what kind?	□ self □ spouse □ joint	□ survivorship □ common □ entirety	□ community property	□ other with client	□ other with spouse
Lender			Insurance cor	mpany	
Lender Phone numb	per		Lender Phone	number	
Lender website			Insurance wel	osite	
Account number			Account num	ber	
Length of loan and i	interest rate		Insurance pre	mium payment	
Date and amount of	original loan		Username/Pa	ssword	
Monthly payment					
Username/Passwore	d				
Description of Asse	et				
Owner If joint, what kind?	□ self □ spouse □ joint	□ survivorship □ common □ entirety	□ community property	□ other with client	□ other with spouse
Lender			Insurance cor	npany	
Lender Phone numb	per		Insurance wel	osite	
Lender website			Account num	ber	
Account number			Insurance pre	mium payment	
Length of loan and i	interest rate		Username/Pa	ssword	
Date and amount of	original loan				
Monthly payment					
Username/Password	d				

Chapter 4

Insurance

This section covers both health and financial insurance. It is a reference guide for financial-asset coverage; TRICARE or supplemental health policies; dental, vision, short-term disability, or long term care insurance; and specialized policies for specific circumstances such as cancer.

In the event of the death of a policyholder or a beneficiary, notify insurance companies promptly to avoid unnecessary costs. Each private insurance company will require a certified copy of the death certificate.

LIFE INSURANCE

SELF	SPOUSE	
Insurance company	Insurance company	
Phone number	Phone number	
Website	Website	
Policy number(s)	Policy number(s)	
Username/login and password	Username/login and password	
Type of policy and expiration	Type of policy and expiration	
Name of insured	Name of insured	
Name of beneficiary	Name of beneficiary	
Owner	Owner	
Death benefit and loans (if any)		



MOAA offers members many insurance plans, including life and long term care insurance and a TRICARE supplemental plan called MEDIPLUS[®]. Visit www.moaainsurance.com to learn more about plan details and low group rates.

LONG TERM CARE INSURANCE

SELF SELF

Insurance company	Insurance company
Phone number	Phone number
Website	Website
Username/Password	Username/Password
Policy number	Policy number
Elimination period	Elimination period
Daily benefit	Daily benefit
Lifetime benefit	Lifetime benefit
Home health care provision ☐ Yes ☐ No	Home health care provision ☐ Yes ☐ No



SURVIVOR BENEFIT PLAN AND DEPENDENCY AND INDEMNITY COMPENSATION

The Survivor Benefit Plan (SBP), Reserve Component Survivor Benefit Plan, and Retired Serviceman's Family Protection Plan provide eligible beneficiaries with a form of benefit called an annuity. An annuity is a monthly payment for the lifetime of the beneficiary. The amount of the benefit is a percentage of your retirement benefit based on your election. You may leave an annuity only to eligible beneficiaries.

Election to participate in these programs generally is made at the time of retirement, although some situations allow a retiree to add coverage after retirement. In most cases, costs to participate are deducted from the retiree's monthly pay and are based on the amount of coverage a retiree elects.

Retroactive to Sept. 10, 2001, SBP was amended to benefit survivors of servicemembers who die while serving on active duty. If you die on active duty, your survivors will be eligible for SBP. The SBP annuity will be calculated as though you had retired on total disability. Total disability means your retired pay would be 75% of basic pay, with your SBP beneficiary drawing 55% of that amount.

For most on active duty status, this equates to approximately 4% of base pay at time of death.

SBP provides income protection for service retirees' survivors. Because service retirement pay ends with the servicemember's death, SBP is a way to pass on a portion of earned retirement pay to servicemembers' survivors. SBP also is indexed to the annual COLA, so annuities maintain relative value over time.

The VA's Dependency and Indemnity Compensation is a monthly payment made to eligible survivors. Those eligible include survivors of active duty servicemembers and veterans whose deaths were determined by the VA to be service-related. It is a flat monthly payment independent of the pay grade of the veteran. This payment is adjusted annually for cost-of-living increases and is tax-free.

If you are currently serving and would like more information regarding SBP, check out MOAA's publications on the topic at www.moaa.org/publications. There, you'll also find publications to help military survivors.



HEALTH INSURANCE

Include TRICARE and supplemental health policies and dental, vision, short-term disability, long term care, accident, and specialized policies for specific circumstances such as cancer. MOAA's insurance offerings include MEDIPLUS®, with flexible coverage that allows you to choose the best plan for yourself and your family. MEDIPLUS works hand-in-hand with your TRICARE coverage to pay more of your medical bills and gives you protection for everything from hospital stays to doctor visits and prescription medications. Find out more at www.moaainsurance.com.

Regional provider	Regional website login and
Sponsor's beneficiary number	Ppassword
Phone number	_
TRICARE	
(www.tricare.mil)	
SELF	SPOUSE
Insurance company	Insurance company
Phone number	Phone number
Website	Website
Username/password	Username/password
Policy number	Policy number
Name(s) of insured	Name(s) of insured
Annual deductible	Annual deductible
Copayment	Copayment
OTHER MEDICAL INSURANCE	
Health care flexible spending accounts	
SELF	SPOUSE
Account ID number	Account ID number

DENTAL INSURANCE

SELF	SPOUSE
Insurance company	Insurance company
Phone number	Phone number
Website	Website
Username/login and password	Username/login and password
Policy number	Policy number
Name(s) of insured	Name(s) of insured
Annual deductible	Annual deductible
Copayment	Copayment
VISION INSURANCE	
SELF	SPOUSE
Insurance company	Insurance company
Phone number	Phone number
Website	Website
Username/login and password	Username/login and password
Policy number	Policy number
Name(s) of insured	Name(s) of insured
Annual deductible	Annual deductible
Copayment	Copayment



OTHER INSURANCE

This is the place to include your renter's insurance information if you don't own your home, and it's also a good spot to note any policy riders for high-ticket items and collectibles. For example, some people have health care coverage for their pets.

VA HOSPITAL

Hospital name			
Hospital address			
Appointment phone number			

Chapter 5

Wills and Other Arrangements

Let's focus on the basics — wills and powers of attorney. If you don't have these, contact the staff judge advocate office at your closest installation for help drafting these and other legal documents.

WILLS

SELF	SPOUSE
$\hfill\square$ I have executed a will $\hfill\square$ I have not executed a will	$\hfill\Box$ I have executed a will $\hfill\Box$ I have not executed a will
Will location	Will location
Executor's name and contact information	Executor's name and contact information
Lawyer's name and contact information	Lawyer's name and contact information
□ I have executed a living will/advance directive	☐ I have executed a living will/advance directive
☐ I have not executed a living will/advance directive (The living will — also known as a medical directive or advance health care directive — is a declaration of what medical care and/or procedures you do or do not want should you become incapacitated due to injury or illness.)	☐ I have not executed a living will/advance directive (The living will — also known as a medical directive or advance health care directive — is a declaration of what medical care and/or procedures you do or do not want should you become incapacitated due to injury or illness.)
Living will/advance directive is kept at	Living will/advance directive is kept at
Executor's name and contact information	Executor's name and contact information
Lawver's name and contact information	Lawyer's name and contact information

SAFE DEPOSIT BOX

SEE PAGE 12

POWERS OF ATTORNEY

Powers of attorney come in many forms — medical, general, and financial. Ensure you have the ones you will need and that you understand their scope. Remember, a durable power of attorney will survive your incapacity, but no power of attorney survives your death.

SELF	SPOUSE
☐ I have executed a general power of attorney ☐ I have not executed a general power of attorney	☐ I have executed a general power of attorney ☐ I have not executed a general power of attorney
Туре	Туре
Date established/expiration date	Date established/expiration date
Power of attorney information is kept at	Power of attorney information is kept at
Naming (agent or attorney in fact)	Naming (agent or attorney in fact)
Address	Address
Contact information	Contact information



MOAA PUBLICATIONS: YOUR RESOURCE FOR EVERY STAGE OF LIFE

SELF	SPOUSE
☐ I have executed a health care power of attorney ☐ I have not executed a health care power of attorney	☐ I have executed a health care power of attorney ☐ I have not executed a health care power of attorney
Туре	Туре
Date established/expiration date	Date established/expiration date
Power of attorney information is kept at	Power of attorney information is kept at
Naming (agent or attorney in fact)	Naming (agent or attorney in fact)
Address	Address
Contact information	Contact information
SELF	SPOUSE
☐ I have executed a living will/advance medical directive power of attorney ☐ I have not executed a living will/advance medical	 □ I have executed a living will/advance medical directive power of attorney □ I have not executed a living will/advance medical
directive power of attorney	directive power of attorney
Туре	Туре
Date established/expiration date	Date established/expiration date
Power of attorney information is kept at	Power of attorney information is kept at
Naming (agent or attorney in fact)	Naming (agent or attorney in fact)
Address	Address
Contact information	Contact information

MOAA PUBLICATIONS: YOUR RESOURCE FOR EVERY STAGE OF LIFE

By filling in the previous sections of this workbook, you've been proactive about making sure you have a family resource that might be useful in daily life as well as in emergencies. You can continue to make those proactive choices by reading through the next section, which touches on planning for your family's future after you're gone.

MOAA has a number of publications that can assist in this process. Visit www.moaa.org/publications to review the full list of titles.

Other resources include the VA (www.va.gov) and the Tragedy Assistance Program for Survivors, or TAPS (www.taps.org). Each state participates in a federal program called the "Area Agency on Aging" that provides a variety of services for seniors. To find your state's program google "Your State's Area Agency on Aging."

Your survivors will have to make many decisions when the time comes, and it will be easier if you've made your wishes known. Following are some choices to consider.

Name of person you want to be informed of your death	Contact information
Name	Contact information

FUNERAL

Do you wish to be cremated? (Rules for cremation vary from state to state, and some require a letter of authority signed by the deceased. Such a letter should be filed with your personal papers.)

Where do you want to be buried (national or local cemetery, family plot, etcetera)? If burial at sea is desired, a letter so stipulating should be prepared and filed with your personal papers.

What type of funeral do you want? (A funeral director, apart from the unique and indispensable services performed, usually is well-informed regarding the administrative details of a servicemember's death. Depending on religious preference or affiliation, clergy might be either essential or merely of assistance. Families with strong religious ties should consult their clergy before making funeral arrangements.)

FUNERAL

We suggest you fill in the following: "This is not intended to serve as a legal document. But, within the terms of my will or the applicable laws, I suggest my executor and/or next of kin do the following:"

Funeral home	Point of contact
Phone number	Address
Military ceremony and honors	
Uniform/dress	
Hymns, Psalms, scripture, special service requests	
Pallbearers	
Flowers (or in lieu of flowers)	
OBITUARY NOTICE A biographical sketch will be helpful in preparing an now will save time and confusion when the time com	obituary news story. A photo should be attached. Doing this les.

Make the most of your MOAA membership

Experience MOAA's powerful array of resources and member benefits designed to help you through every aspect of life.

LEGISLATIVE ADVOCACY

Your membership helps support MOAA's critical advocacy efforts for better pay, health care, family support, and retirement benefits for military officers and their families.

EXPERT ADVICE ON ISSUES IMPORTANT TO YOU

Take advantage of Premium and Life members-only programs designed to help you advance your career, secure your financial future, and make the most of your hard-earned military benefits.

AFFORDABLE INSURANCE PRODUCTS

Now you can get affordable member rates on life, health, and long term care insurance plans that supplement your military entitlements.

FINANCIAL SERVICES

Access powerful online tools as you make decisions about debt management, college savings, mortgage comparisons, retirement planning, and more.

MILITARY OFFICER

Look at today's issues from a military officer's perspective, get updates on your earned benefits, and read about what MOAA is doing for you.

MONEY-SAVING DISCOUNTS

Enjoy exclusive members-only discounts on Dell and Apple computers, hotels, car rentals, vacation packages, and more.

SCHOLARSHIPS AND GRANTS

MOAA offers scholarships and grants for military children seeking undergraduate degrees.

For more information about MOAA member benefits and services, please visit us at www.moaa.org/memberbenefits.

MOAA PUBLICATIONS

For more than 90 years, MOAA has been fighting for the interests of military members and their families. We understand the challenges you face because we're officers just like you, and we're ready to share our expertise and experience. The MOAA library of guides and reference tools is available to help you navigate the challenges that arise at each stage of life.

Aging into Medicare and TRICARE for Life

Estate Planning

Financial Planning

The MOAA Investors' Manual

Remarriage Guide

Transition Guide

Help Your Survivors Now

FOR MORE INFORMATION ABOUT MOAA PUBLICATIONS, CALL (800) 234-MOAA (6622) OR VISIT US ONLINE AT WWW.MOAA.ORG.



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