



Middle Tennessee Chapter  
A 2015 5 Star Level of Excellence Award Chapter



Military Officers Association of America

Web Site: [mtcmooa.org](http://mtcmooa.org)

February 2016

Editor: Doug Minton

MOAA Monthly Luncheon

23 February, 2016; 11:30 AM

**"Aging in Place:  
What you should consider  
now!"**

MTC Annual Personal Affairs Meeting

Cindy Natsch & Denise Becker  
Home Livability Consultants, A Better  
Nest Nashville

Old Natchez Country Club  
115 Gardengate Drive  
Franklin, TN 37069

Our relationship with our homes is such that with the passage of time we begin to overlook the small inconveniences that we encounter on a day to day basis, but as we age or have to care for family and friends we find that our homes are no longer as welcoming as we thought. Increasingly savvy homeowners want to plan ahead, while others may have a need to quickly respond to more urgent healthcare matters. If you are planning for the future or adapting to a new set of needs, our speakers can assist by providing clarity concerning the options available to make living environments simpler, safer and more livable for individuals and families.

Cindy Natsch has been an active contributor in the Nashville senior market for over a decade. As both an entrepreneur and an advocate for healthy aging, Cindy is dedicated to educating our community (both residents and professionals) about aging-related issues. Cindy is a current board member and volunteer at FiftyForward, and serves on a variety of task forces and committees to improve the lives of seniors.

Denise Becker is a Nashville native and Project Manager with *A Better Nest*. Formerly a Clinical Social Worker, Denise developed award-winning programs for home-based and residential care that included tailoring living environments to meet both the physical and emotional needs of residents. Denise is also trained in home inspection, construction methods, and home modifications to accommodate aging and physical challenges.

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**Surviving Spouse Liaison**

Mrs. Patricia Bergquist

**Chapter Contact Information**

Mailing Address:

**Middle TN Chapter, MOAA  
P. O. Box 50252  
Nashville, TN 37205-0252**

Website:

<http://www.mtcmoaa.org>

Phone: **(615) 415-6816**

Email: [info@mtcmooa.org](mailto:info@mtcmooa.org)

**Membership Dues**

We are now actively soliciting dues payments for the 2016 membership year. Your Board has continued the dues at a level of \$5.00 for Surviving Spouses and \$20 for all other members.

The Dues Letter was mailed earlier this week, and contained a pre-addressed envelope for your use in submitting them, or you can pay in person at the next Meeting. We are also participating in the MOAA online Chapter Dues payment option when you pay your National Dues. (If your pre-addressed envelope pulls a vanishing act, you can mail dues to the address above.)

If you did not receive a Dues Letter, then it most likely means that you do not owe dues for this year. If you are unsure on that issue, please ask our Treasurer or Secretary at an upcoming meeting or call the phone number given above to determine if you fall into the category of needing to pay.

**President's Letter**

January's MTC Luncheon Meeting was very well attended and Beth Harwell, Speaker of the House, Tennessee House of Representatives, gave an excellent presentation that was followed with a very robust question and answer session.

This month's luncheon will cover the MTC Board of Directors Annual Report on 2015, Proposed By-Laws Changes, and the Personal Affairs presentation on "Aging in Place: What you should consider now!" The proposed by-laws changes are updates to the MTC officer nominating process and officer and board of director term limits that are keeping with current chapter management best practices.

On February 17<sup>th</sup>, MTC along with the MOAA Tennessee Council of Chapters will join with a coalition of other veterans' organizations in Tennessee to participate in the "First Consolidated Veterans Legislative Day at Tennessee's Capital Hill." It is the coalition's plan to make this an annual affair to positively influence veteran legislation in Tennessee. There are 47 bills related to veteran causes before the state legislature and it is likely 15-20 of these bills will ultimately reach the floor for a vote. The coalition is particularly interested in three bills on property relief, extending free admission to Veterans to state parks, and the reduction of the Hall Income Tax for Veterans with service connected disabilities. The goal of this event is to make sure every legislator is visited and reminded of veterans' interest in these three bills. If you would like to participate please contact our Legislative Liaison, Kent Crossley.

The lifeblood of any chapter is a steady flow of new members. Our chapter is poised to continue last year's excellent growth again this year. It appears that once invited to attend one of our monthly luncheon meetings potential candidates usually become chapter members. Please continue to reach out and bring potential new members to our monthly luncheon meetings. I hope that you can make our next MTC meeting!

  
Scott Cantlon  
LTC, USA Retired  
President

